

Return to Play After COVID-19 Infection in Pediatric Patients

Asymptomatic for at Least 14 days and Refrained from Sports

Untested Pediatric Athlete who is Presumptive Positive

Pediatric Athlete \geq 12 y/o who reportedly remained asymptomatic

Pediatric Athlete \geq 12 y/o with mild symptoms (no chest pain, no palpitations, no dyspnea, and <48 hr fever*)

Pediatric Athlete with moderate symptoms (chest pain, palpitations, dyspnea, or >48 hr fever*)

Pediatric Athlete with severe symptoms (prolonged bed rest or fever* >1 week) or hospitalization

Consider evaluation by primary care provider and consider ECG screening

Normal eval without concerns and normal ECG (if obtained)

Gradual Return to Competition

Evaluation by primary care provider with ECG screening

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Discuss with Cardiology regarding possible consult

Evaluation by pediatric cardiology
Testing may include ECG, echocardiogram, Holter monitor, &/or exercise test

Gradual Return to Competition based upon cardiology

Abnormal Cardiac Testing or labs during hospitalization

Myocarditis restrictions for 3-6 month and continued cardiology evaluation

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* Fever is ≥ 100.4 F

Return to Play After COVID-19 Infection in Pediatric Patients

Asymptomatic for at Least 14 days and Refrained from Sports

Untested Pediatric Athlete who is Presumptive Positive

Asymptomatic Pediatric Athlete \geq 12 y/o who tested positive in last 3 months

Symptomatic Pediatric Athlete \geq 12 y/o who tested positive in last 3 months

Consider evaluation by primary care provider and consider ECG screening

Evaluation by primary care provider with ECG screening

Gradual Return to Competition

Gradual Return to Competition

Evaluation by Pediatric Cardiology