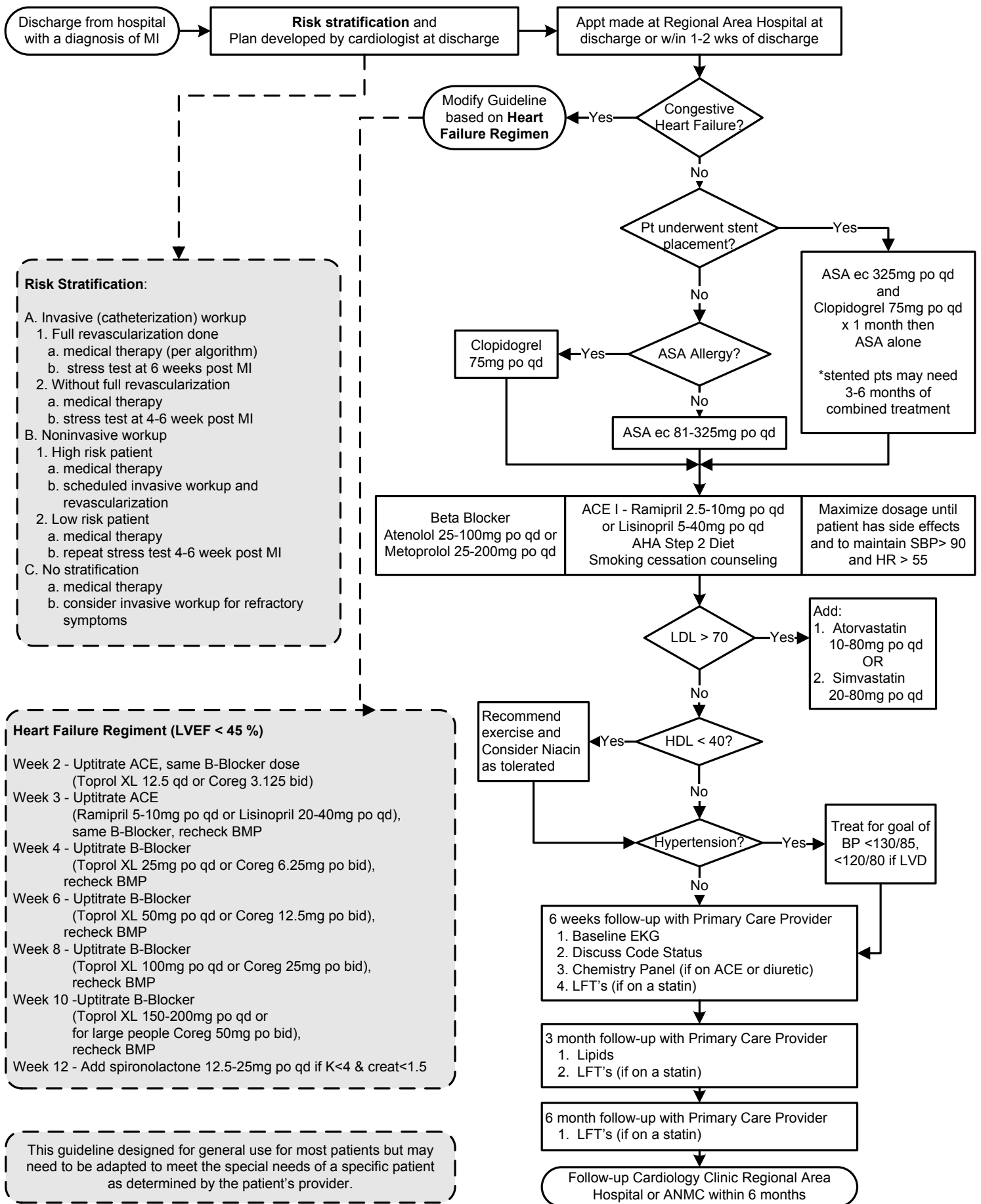


# Post Acute Myocardial Infarction (AMI)

MSEC reviewed and approved 06/22/11



**Risk Stratification:**

- A. Invasive (catheterization) workup
  1. Full revascularization done
    - a. medical therapy (per algorithm)
    - b. stress test at 6 weeks post MI
  2. Without full revascularization
    - a. medical therapy
    - b. stress test at 4-6 week post MI
- B. Noninvasive workup
  1. High risk patient
    - a. medical therapy
    - b. scheduled invasive workup and revascularization
  2. Low risk patient
    - a. medical therapy
    - b. repeat stress test 4-6 week post MI
- C. No stratification
  - a. medical therapy
  - b. consider invasive workup for refractory symptoms

**Heart Failure Regimen (LVEF < 45 %)**

- Week 2 - Uptitrate ACE, same B-Blocker dose (Toprol XL 12.5 qd or Coreg 3.125 bid)
- Week 3 - Uptitrate ACE (Ramipril 5-10mg po qd or Lisinopril 20-40mg po qd), same B-Blocker, recheck BMP
- Week 4 - Uptitrate B-Blocker (Toprol XL 25mg po qd or Coreg 6.25mg po bid), recheck BMP
- Week 6 - Uptitrate B-Blocker (Toprol XL 50mg po qd or Coreg 12.5mg po bid), recheck BMP
- Week 8 - Uptitrate B-Blocker (Toprol XL 100mg po qd or Coreg 25mg po bid), recheck BMP
- Week 10 - Uptitrate B-Blocker (Toprol XL 150-200mg po qd or for large people Coreg 50mg po bid), recheck BMP
- Week 12 - Add spironolactone 12.5-25mg po qd if K<4 & creat<1.5

This guideline designed for general use for most patients but may need to be adapted to meet the special needs of a specific patient as determined by the patient's provider.