

Clinical Resource **Neonatal Nasal CPAP Set-Up Guide**

Indications for Use

- Neonate with respiratory distress.
- Head circumference ≤39 cm and age ≤2 months.
- · Has stabilized on CPAP via NeoPuff.
- Must have a respiratory rate (NO apnea).
- · Anticipated prolonged need for CPAP at YKHC due to weather, NNP team unavailable for transport, etc.
- Note: If newborn <26 weeks, discuss with NICU prior to use.

Note: If using on a nonnewborn, must request NNP/ neonatal transport team to ensure level of support can be maintained during transport.

Mask/Bonnet Set-Up

- 1. Measure the head circumference with the tape provided to determine the correct bonnet size.
- 2. Place the bonnet on the baby's head. Make sure to cover the bottom of the ears and the back of neck.
- 3. Mount the mask on the tubing.
- 4. Attach the fixation pillow to the hat, secure the tubes in the grooves, and secure with Velcro.
- 5. Use the fixation straps to hold the mask in place.
- 6. To hold optimal pressure, try to keep the infant's mouth closed. May offer a pacifier with Sweet-Ease.



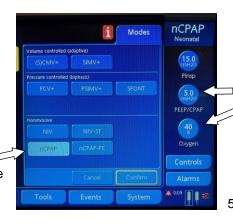
Ventilator Settings

1. While in standby, select the neonatal option. Then select "Modes."



□ 2. Enter the patient's weight.

3. Select nCPAP mode and "Confirm."



4. Adjust PEEP and FiO₂ and then select

"Confirm."

5. Select "Start Ventilation."

See the YKHC Neonatal Resuscitation Summary for weight-based drug doses and equipment.

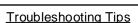


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Tubing Set-Up





Ventilator Settings:

- Start by matching the PEEP level infant stabilized on with the NeoPuff, generally 5-8 cm H₂O.
- Adjust settings as needed. If FiO₂ <40%, consider weaning PEEP. If requiring >8 cm H₂O, discuss with neonatologist.

Tubing Set-Up:

- Try to maintain tubing proximal to infant parallel with the infant's face and midline.
- Ensure there is no tension on the tubing.

Bonnet:

- · Choose the smallest bonnet you can fit on the baby. A snug fit will hold everything in place.
- Ensure velcro is not rubbing against the baby's skin.

- · Avoid overtightening but ensure good seal.
- If requiring nasal CPAP >6 hours, watch closely for skin breakdown and consider alternating mask with prong interface.

See the YKHC Neonatal Resuscitation Summary for weight-based drug doses and equipment.