Myocardial Infarction - Acute

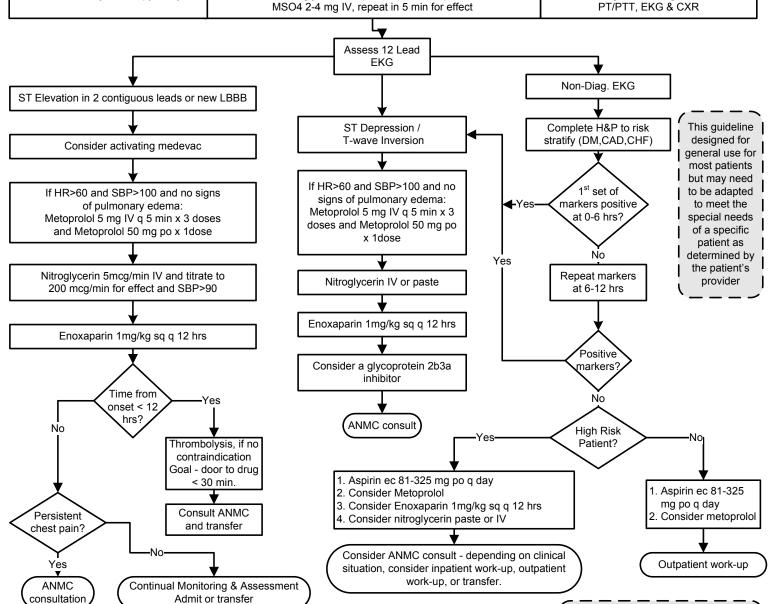
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Patient presents with chest pain suggestive of MI Substernal/Left sided chest pain, shortness of breath, diaphoresis, nausea For non-native patients, please consult Alaska Cardiology Associates

Focused history and physical exam Focus on fibrinolytic therapy analysis

Immediate treatment within 10 min. Oxygen 4L NC
Aspirin 162-325 mg po x 1(Clopidogrel 300 mg po if ASA allergy)
Nitroglycerin SL q 5 min prn chest pain
MSO4 2-4 mg IV repeat in 5 min for effect

Immediate lab assessment within 10 min. CK-MB, Troponins, CBC, Lytes, BUN, glucose, magnesium, PT/PTT_EKG & CXP



Fibrinolytic Therapy Recommendations

Indications

Chest pain suggesting MI, ST - segment elevation >0.1 mV (1mm) in 2 or more contiguous ECG leads or new LBBB, time to therapy < 12 hours, age < 75 years (age > 75 years Class lia), evidence of ongoing ischemia

Absolute contraindications

H/O CVA; intracranial or intraspinal surgery/trauma w/in 3 wks; intracranial neoplasm, AVM, or aneurysm; active internal bleeding (menses excluded) w/in 2-4 wks; known bleeding diathesis; severe uncontrolled HTN (>180/110); terminal illness

Cautions

Recent major surgery: cerebrovascular dz; recent GI bleeding, recent trauma; high likelihood of left heart thrombus; acute pericarditis; subacute bacterial endocarditis, renal or hepatic dysfunction; pregnancy; diabetic hemorrhagic retinopathy; septic thrombophlebitis; occluded AV cannula; advanced age > 75; currently on oral anticoagulants (Coumadin); recent gp 2b/3a inhibitor; platelet <100,000, conditions where bleeding would be difficult to manage

High Risk Criteria

- Hypotension
- Persistent CP suggestive of MI
 - 2 or more episodes of rest
- angina in previous 24 hours
- History of 3 or more cardiac risk factors
- History of Diabetes Mellitus
- Known CAD
- Age 65 years or greater
- Congestive heart failure
- New ST deviation > 0.5mm
- New pathological Q waves
- Sustained ventricular tachycardia Elevated cardiac makers