

## Clinical Guideline

## **Breast Cancer Screening & Diagnosis**

## **Definitions**

- · CBE: Clinical Breast Exam
- BSE: Breast Self Exam
- BIRADS: Breast Imaging Reporting and Data System, a system that scores findings on breast

## Recommendations for Screening at YKHC

 Mammogram: start at age 40 and rescreen Q2 years until age 74 depending on patient's health.

Routine CBE or BSE can be done at patient/

