



Our pediatric endocrinologist, Dr. Rachel Lescher, has created the following protocols to aide us in managing patients with endocrinologic disorders. Please follow these recommendations.

As always, contact the pediatric hospitalist on call with any questions via the Tiger Connect role, "Peds Wards on Duty." We have access to the endocrinologist call/coverage schedule and can help direct consults as needed.

Endocrine Emergencies

Protocols for managing the following:

- Severe hypoglycemia
- Adrenal insufficiency/crisis (including patients with CAH)
- Hypercalcemia
- Hypocalcemia
- Thyrotoxic crisis (thyroid storm)

Diabetic Ketoacidosis

- Definitions and formulae
- Management
- Monitoring parameters
- Discussion and management of cerebral injury
- Prevention
- Sick day plans

Routine Follow-up of Endocrine Disorders

Protocols for managing the following:

- Congenital adrenal hyperplasia
- Congenital hypothyroidism/Hashimoto thyroiditis/goiter
- Hypopituitarism/septo-optic dysplasia/optic nerve hypoplasia
- Short stature work-up
- Growth hormone injections
- Insulin resistance/obesity
- Diabetes mellitus (type 1 and type 2)

These files were written by pediatric endocrinologist Rachel Lescher.

This is for the general use of most patients but may need to be adapted to meet the special needs of a specific patient as determined by the medical practitioner.

Approved by Clinical Guideline Committee 9/25/23.

If comments about this protocol, please contact Leslie_Herrmann@ykhc.org.