

## GLEAM Worksheet

### ● G=Goals

- What are your goals and expectations for this rotation?
- What are your career goals?

### ● L=Learning

- How do you learn most effectively?
- How do you like to receive feedback?

### ● E=Experience

- What clerkships have you completed?
- What challenges have you done?
- What positive experiences have you had?

### ● A=Activities

- What activities are you involved in outside of medicine?
  - What kind of support system do you have?
- What other obligation or responsibilities do you have?

### ● M=More