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# Yukon-Kuskokwim HEALTH CORPORATION

## Clinical Guideline

# **Status Epilepticus Treatment (Pediatric)**

Use the Pediatric
Critical Care Guide and
ED Peds Critical Care
PowerPlan to check all
medication dosing.

- ABCs. Ensure BVM at bedside and pediatric code cart within reach.
- Bedside glucose STAT.
- Obtain IV.
- Consult pediatrics.
- · Obtain brief history.
- Prepare first-line medication. If in the ED or NW, get the Peds Seizure Kit (see box).

Go to Pediatric Post-Seizure Evaluation guideline.

Seizure lasting ≥3 minutes OR

More than one seizure in 24 hours without return to baseline.

#### Peds Seizure Kit

- In the ED and Peds NW Pyxis.
- Type "seizure" and override.
- · Includes:
  - Midazolam 10 mg/2 mL
- Levetiracetam
- Phenobarbital 130 mg/mL
- Dosing cards from the pediatric critical care guide

Benzodiazepine (choose ONE)

- Midazolam 0.2 mg/kg IN/IM (max dose 10 mg) single dose only.
- Lorazepam 0.1 mg/kg IV/IO (max dose 4 mg) up to two doses Q5 minutes.
- Diastat home dose up to two doses Q5 minutes.

Seizure continues 5 more minutes.

Age ≤ 2 months

Consult

ANMC PICU

Age >2 months

at (907) 297-

8809.

Phenobarbital 20 mg/kg IV/IM. If IV, give over 15 minutes or 1 mg/kg/minute (max 60 mg/min).

Seizure continues 5 minutes after infusion complete.

Phenobarbital 10 mg/kg IV/IM.

If IV, give over 15 minutes or
1 mg/kg/minute (max 60 mg/min).

Seizure continues 5 minutes after infusion complete.

Levetiracetam 40 mg/kg IV/IM.
If IV, give over 10 minutes.

Seizure continues 5 minutes after infusion complete.

Levetiracetam 20 mg/kg IV/IM.
If IV, give over 10 minutes.

Seizure continues 5 minutes after infusion complete.

Start midazolam or propofol infusion with PICU consultation.

#### <u>See Emergency RMT Seizure Scenario</u> <u>on the wiki.</u>

Village Management

- · ABCs.
- Bedside glucose STAT.
- If unable to get a glucose measurement, give glucose buccally.
- Get BVM with appropriate sized mask to bedside.
- Follow flow to the left, using these drugs with dosing found on Pediatric Critical Care Guide:
- Diastat home dose PR if available or midazolam 0.2 mg/kg intranasal (max dose 10 mg) or diazepam 0.5 mg/kg (max 10 mg) IV solution given RECTALLY.
- Phenobarbital or fosphenytoin (kept refrigerated) IM. If giving either second-line drug, consult pediatrics and strongly consider activating a medevac.
- Consider placing IV and giving NS bolus 20 mL/kg.
- Low threshold to activate medevac for atypical or prolonged seizure.

In all ages, if hemodynamic instability or myocardial dysfunction, avoid phenobarbital and use alternate agents.

In all ages, in consultation with the PICU, consider preparing for intubation and continuous infusion after second-line drug has been given. Continue giving medications as detailed in the flow while infusion is being prepared.

If giving midazolam, make drip of 1 mg/ mL and start at rate 0.1 mg/kg/hour. Seizure continues 5 minutes after infusion complete.

Levetiracetam 60 mg/kg IV/IM.

Max dose 4500 mg.

If IV, give over 10 minutes.

Fosphenytoin 20 mg PE/kg IV. Max dose 1000 mg. Give over 10 minutes.

Seizure continues 5 minutes after infusion complete.

Fosphenytoin 10 mg PE/kg IV. Max dose 1000 mg. Give over 5-10 minutes.

Seizure continues 5 minutes after infusion complete.

Phenobarbital 20 mg/kg IV or IM. Max dose 1000 mg. If IV, give over 15 minutes.

Seizure continues 5 minutes after infusion complete.

Phenobarbital 10 mg/kg IV or IM. Max dose 1000 mg. If IV, give over 15 minutes.

Seizure continues 5 minutes after infusion complete.

Start midazolam or propofol infusion with PICU consultation.

### Indications for Admission or Transfer:

- -Status epilepticus
- -Cluster of seizures
- -Increased intracranial pressure
- -CNS infection
- -Structural lesion
- -Patient does not return to baseline mental status

This guideline is designed for the general use of most patients but may need to be adapted to meet the special needs of a specific patient as determined by the medical practitioner. Approved by MSEC 8/3/21. Click <a href="https://nere.to/bere-to-see">here-to-see</a> the supplemental resources for this guideline. If comments about this guideline, please contact Jennifer\_Hampton@ykhc.org.