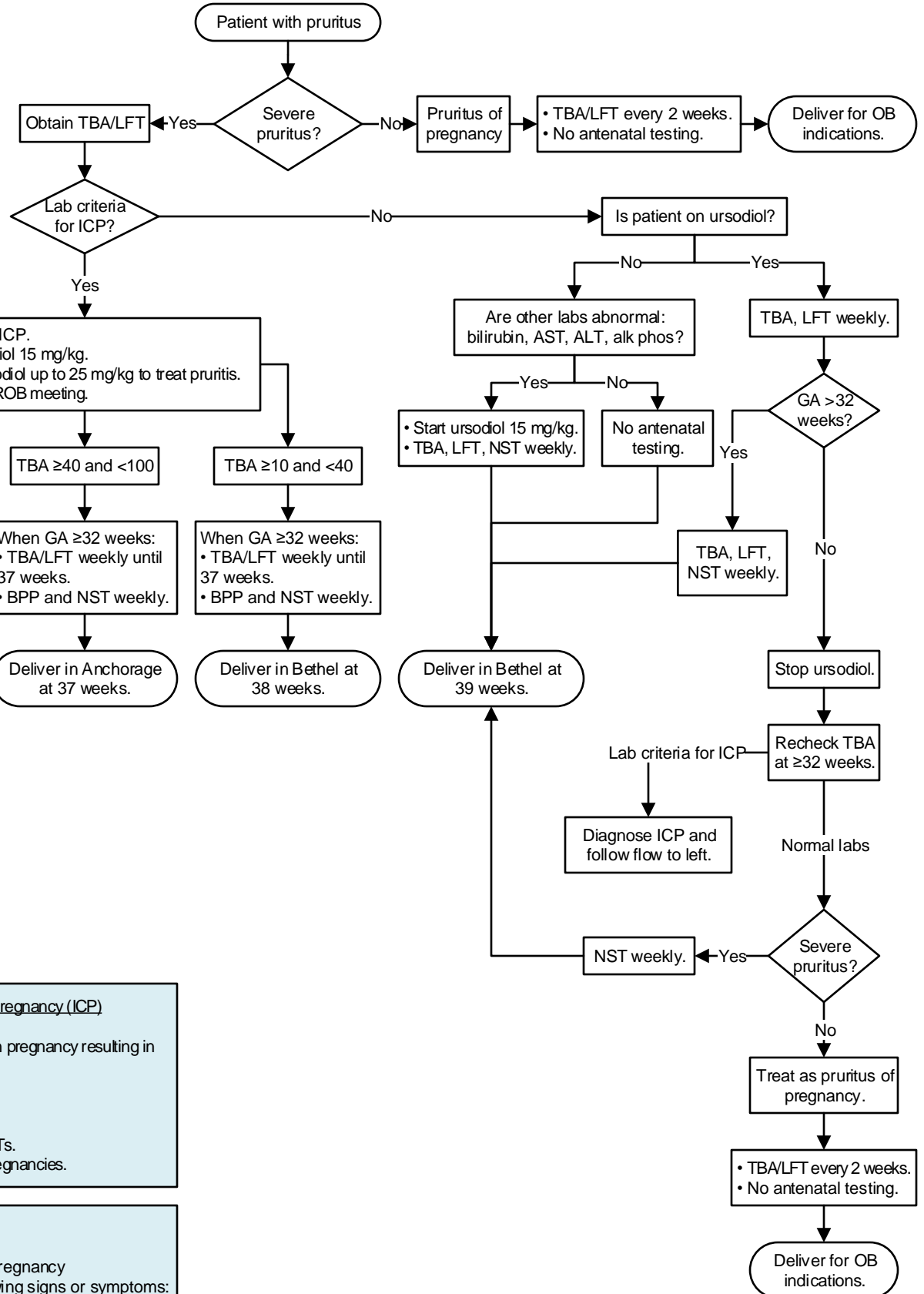




Lab Criteria for ICP:

- TBA ≥ 10
- Cholic acid ≥ 3
- Total Bilirubin >1
- AST 2x normal
- ALT 2x normal
- Alkaline phosphatase (AP) >300



Intrahepatic Cholestasis of Pregnancy (ICP)

- Abnormal bile acid (BA) metabolism in pregnancy resulting in severe pruritus without rash.
- Mostly genetic etiology.
- 5% incidence in Yup'ik population.
- 5% incidence of stillbirth.
- MUST have elevated bile acids or LFTs.
- 40-70% recurrence in subsequent pregnancies.

Definitions

- ICP – Intrahepatic cholestasis of pregnancy
- Severe Pruritus – Any of the following signs or symptoms:
 - Excoriations
 - Loss of sleep due to pruritus
 - Scratching during appointment
- Pruritus of pregnancy – non-severe pruritus without elevated TBA
- TBA – Total Bile Acids
- LFT – Liver Function Test

This guideline is designed for the general use of most patients but may need to be adapted to meet the special needs of a specific patient as determined by the medical practitioner.
Approved by MSEC 3/1/22. Click [here](#) for supplemental resources for this guideline.
If comments about this guideline, please contact David_Compton@ykhc.org.