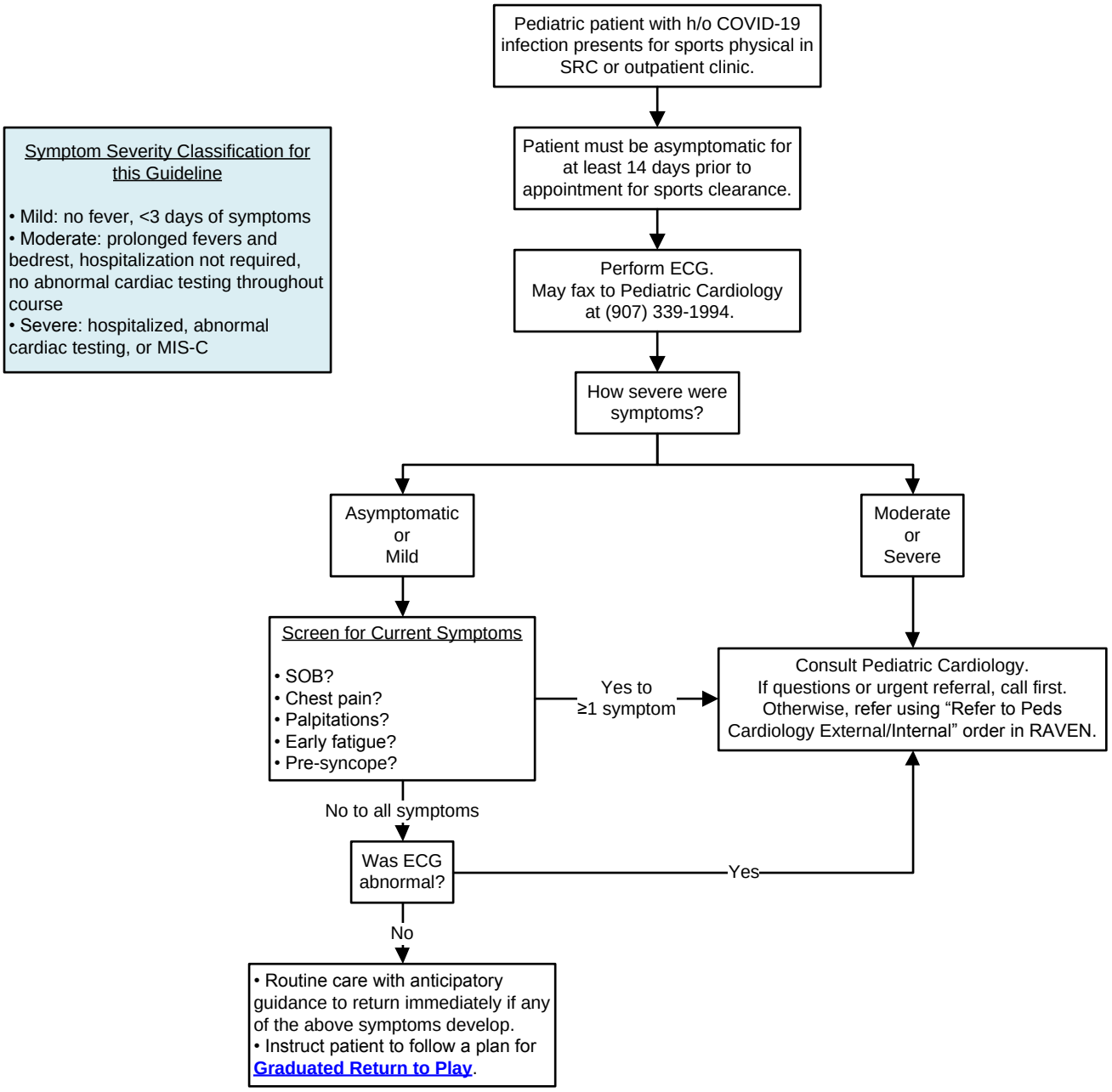
Yukon-Kuskokwim HEALTH CORPORATION

COVID-19 Clinical Guideline

Sports Clearance for Pediatric Patients with History of COVID-19



Symptom Severity Classification for this Guideline

- Mild: no fever, <3 days of symptoms
- Moderate: prolonged fevers and bedrest, hospitalization not required, no abnormal cardiac testing throughout course
- Severe: hospitalized, abnormal cardiac testing, or MIS-C

This guideline is designed for the general use of most patients but may need to be adapted to meet the special needs of a specific patient as determined by the medical practitioner. Approved by MSEC 12/2/20. Click here to see the supplemental resources for this guideline.
If comments about this guideline, please contact Leslie_Herrmann@ykhc.org.