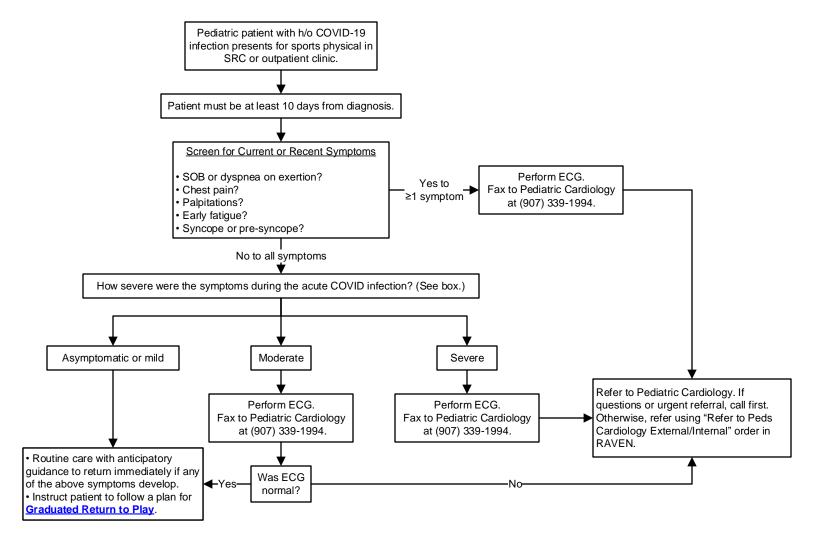
Sports Clearance for Pediatric Patients with History of COVID-19



Symptom Severity Classification for this Guideline

- Mild: no fever, <3 days of symptoms
- Moderate: prolonged fevers and bedrest, hospitalization not required, no abnormal cardiac testing throughout course
- Severe: hospitalized, abnormal cardiac testing, or MIS-C

Note: Providers may use their clinical judgment and perform an ECG if cardiac concerns not addressed by this guideline.

Phone Numbers

Seattle Children's Pediatric Cardiology of Alaska (located in Anchorage):

- Phone: (907) 339-1945
- Fax: (907) 339-1994

This guideline is designed for the general use of most patients but may need to be adapted to meet the special needs of a specific patient as determined by the medical practitioner.

Approved by MSEC ad hoc committee for COVID-related guidelines 8/24/21. Click here to see the supplemental resources for this guideline.

If comments about this guideline, please contact Leslie_Herrmann@ykhc.org