



BASICS

- Review the chart EVERY visit for incomplete lab or other required testing.
- Review the Problem List EVERY visit for needed testing or intervention items.
- Patient should see a Bethel provider or CHA/P monthly from first visit to 32 weeks.
- Patient should see a Bethel provider or CHA/P every two weeks after 32 weeks and then weekly at 36 weeks.
- If there is any question of EDC, see guideline or refer to HROB meeting for decision.

First Prenatal

NURSING/CASE MANAGER

- Order First Trimester Transvaginal OB Ultrasound (>6 weeks) for dating.
- Patient to initiate paperwork:
 - Residential Information Sheet.
 - Pregnancy Verification Sheet – use LMP if no EDC from ultrasound.
 - Quad screen consent form.
 - FAS & Drug Assessment Screening questionnaire.
 - 36 Week BIB/Medevac Policy.
- Review TB screening status – patient MUST HAVE a negative Quantiferon or PPD prior to 36 weeks to stay at Prematernal Home. Place PPD if needed.
- Send patient for labs: urinalysis with reflex, blood type and screen, HBsAg, CBC, Rubella titer, RPR, HIV testing, HgA1c, 25-OH vitamin D.
- Set up room for pelvic to do PAP (only do a PAP if it is due), wet prep, GC/CT (with verbal consent).
- Routine patient handouts: WIC handout.

PROVIDER

- Prenatal H&P and Prenatal Education.
- Chart review.
- Offer flu vaccine October through the end of the flu season.
- Discuss and sign BIB/Medevac Policy contract.
- Update the Problem List and include EDC and grvida/para in one problem.
- Refer to HROB meeting if needed.
- Ask about S/Sx of IHCP; if present, add bile acids and LFTs to lab draw.

PATIENT

- Go to the Medicaid office to file for Medicaid.
- Go to the WIC office to file for WIC.

15-21 Weeks

- If desired, quad screen must be drawn between 15 and 21 weeks gestation.
- Review TB status.

20 Weeks

- Ultrasound to screen for anomalies: US OB anatomy and cervical length.
 - Only one is needed no matter where it is done.
 - Aim for 20 weeks.
 - If anatomy is incomplete, order US OB follow-up for the next visit to complete the anatomy exam.

24-28 Weeks

NURSING

- Labs: GST, CBC, 25-OH vitamin D.
- Tdap after 24 weeks.
- GST – 50 g (½ bottle or 5 ounces):
 - If result >140 mg/dL, schedule 3 hour GTT ASAP.
 - If the result >179, no GTT; refer directly to diabetes education.
- Attempt to keep the patient until the results of the GST are back.
- Review TB status. Send to lab for Quantiferon if failed to have PPD read.

PROVIDER

- After 28 weeks, ask about preeclampsia symptoms.
- After 24 weeks, ask about preterm labor symptoms and IHCP symptoms.
 - Back pain.
 - Sudden increase in vaginal discharge.
 - Pelvic pressure.
 - Cramps/contractions.
- Educate patient on fetal movement count.

36 Weeks/BIB Date

- Labs: CBC, RPR, pelvic exam with GBS culture, GC/CT, wet mount if concerns.
- Review TB status. Send to lab for Quantiferon if status unknown.
- Schedule appointments to be seen each week by Bethel provider through 41 weeks.
- Complete Prematernal Home/Medical Clearance paperwork.
- Ask about any symptoms of:
 - Rupture of membranes.
 - Preeclampsia.
 - Labor.
 - Itching.

This guideline is designed for the general use of most patients but may need to be adapted to meet the special needs of a specific patient as determined by the medical practitioner.
Approved by MSEC 6/20/17.
If comments about this guideline, please contact Ellen_Hodges@ykhc.org.