



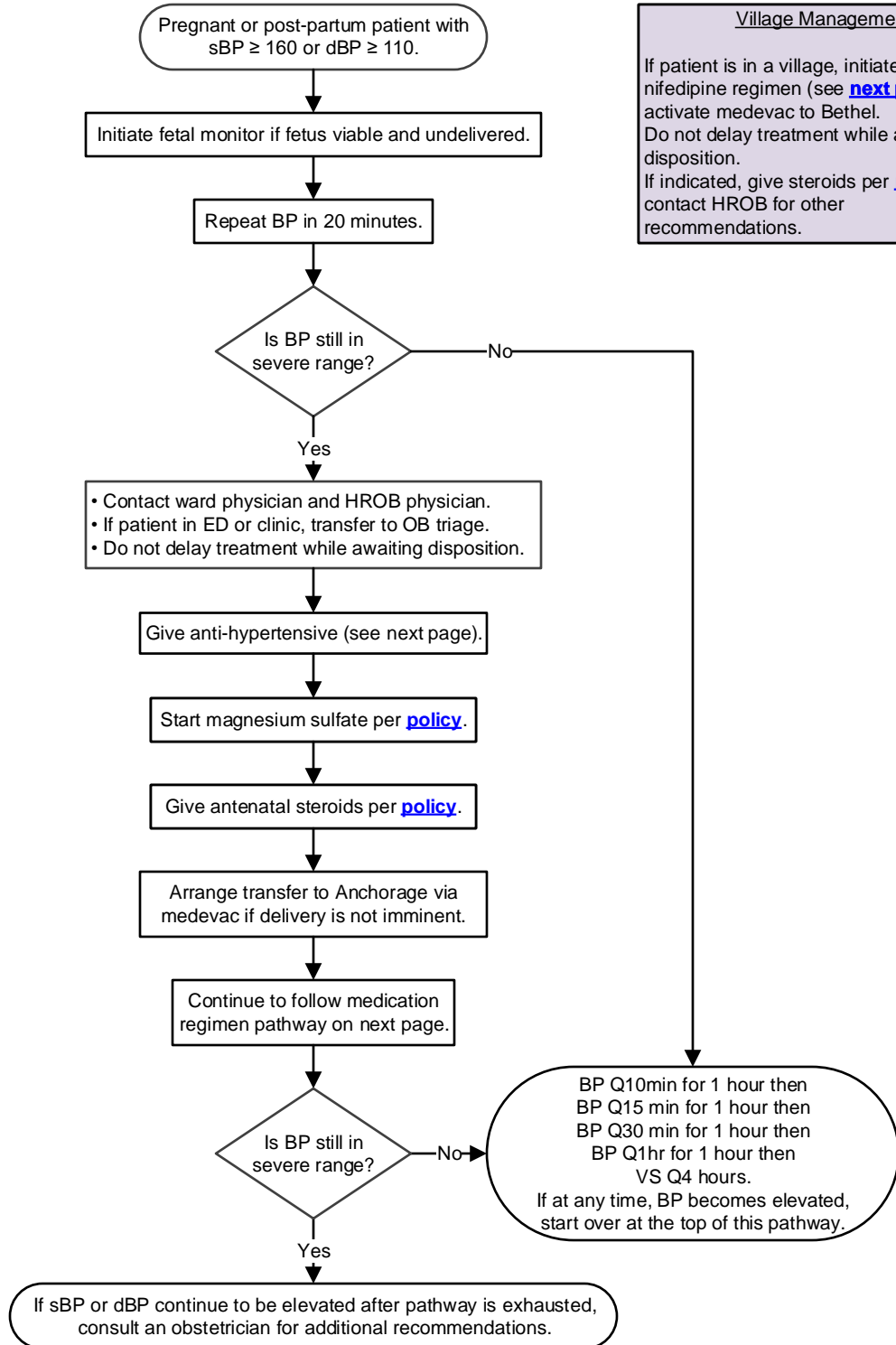
BP Technique

- Use the appropriate sized cuff after 5 minutes of rest.
- Patient should be sitting or semi-reclining (not fully reclining).
- Repeat with manual cuff after a minimum of 20 minutes if sBP ≥ 160 or dBP ≥ 110 .

Severe range BP is defined as sBP ≥ 160 or dBP ≥ 110 .

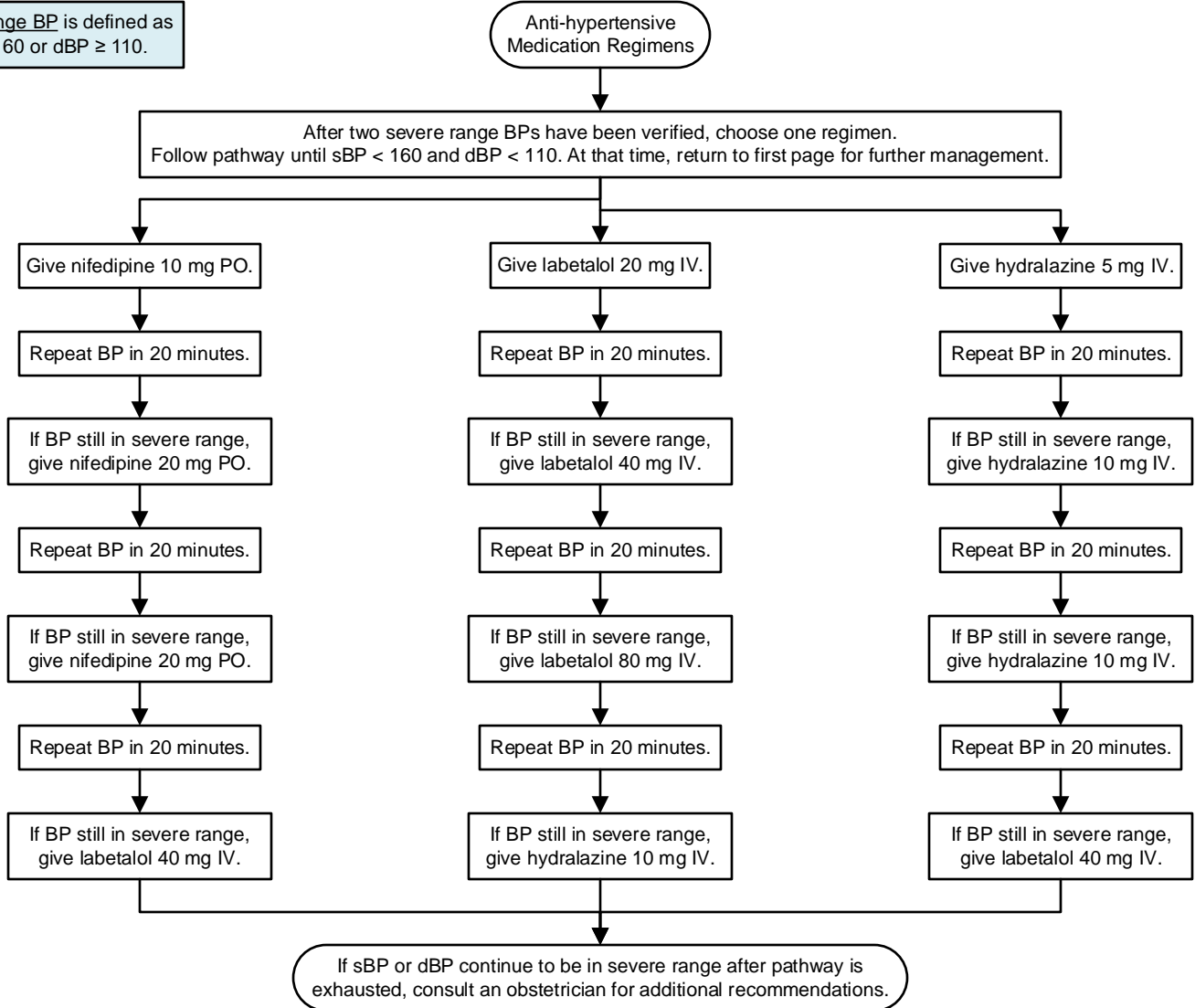
Village Management

If patient is in a village, initiate the nifedipine regimen (see [next page](#)) and activate medevac to Bethel. Do not delay treatment while awaiting disposition. If indicated, give steroids per [policy](#) and contact HROB for other recommendations.





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