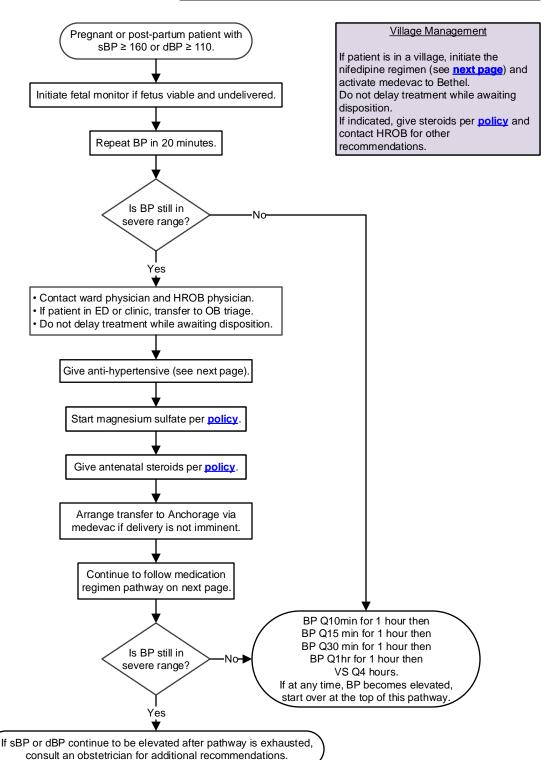


Clinical Guideline Hypertension in Pregnant and Post-partum Patients, Severe

BP Technique

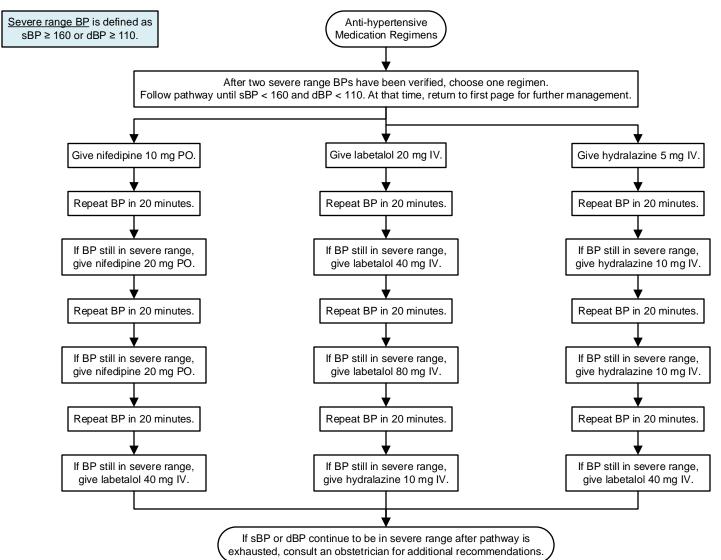
- Use the appropriate sized cuff after 5 minutes of rest.
- Patient should be sitting or semi-reclining (not fully reclining).
- Repeat with manual cuff after a minimum of 20 minutes if sBP ≥ 160 or dBP ≥ 110.

Severe range BP is defined as sBP ≥ 160 or dBP ≥ 110.





Clinical Guideline Hypertension in Pregnant and Post-partum Patients, Severe



Village Management

If patient is in a village, initiate the nifedipine regimen and activate medevac to Bethel.

Do not delay treatment while awaiting disposition.

If indicated, give steroids per **policy** and contact HROB for other recommendations.

This guideline is designed for the general use of most patients but may need to be adapted to meet the special needs of a specific patient as determined by the medical practitioner. Approved by MSEC 12/2/20. Click <a href="https://lich.nee.nlm.ne