



#### USPSTF gives the following recommendation a B grade:

Initiation of low-dose aspirin for the primary prevention of cardiovascular disease (CVD) and colorectal cancer (CRC) in adults aged 50-59 years who have a 10% or greater 10 year CVD risk, are not at increased risk for bleeding, have a life-expectancy of at least 10 years, and are willing to take low-dose aspirin daily for at least 10 years.

#### USPSTF gives the following recommendation a C grade:

The decision to initiate low-dose aspirin use for the primary prevention of CVD and CRC in adults age 60-69 years who have a 10% or greater 10 year CVD risk should be an individual one. Persons who are not at increased risk for bleeding, have a life-expectancy of at least 10 years, and are willing to take low-dose aspirin for at least 10 years are most likely to benefit. Persons who place a higher value on the potential benefits than the potential harms may choose to initiate low-dose aspirin.

