Self-Swab Instructions

Your voluntary participation will help keep our community and elders safe.

Upon arrival to the terminal, please follow the posted signs to our outdoor testing site. The self-administered test is used to gently sample the inside of your nose. Results are typically received in two to three days, and you will only receive a call if your results are positive. Please remember to follow existing recommendations to social distance (six feet from others) and shelter in place (stay home as much as possible).

If you have any questions, please call YKHC at (907)543-6949.

Step 1: Use hand sanitizer.

Step 2: Give your information card to the test facilitator.

Step 3: Insert swab one inch into nostril and rub along sides of nose for 15 seconds each side.

Step 4: Give swab to test facilitator.

Step 5: Use hand sanitizer.







