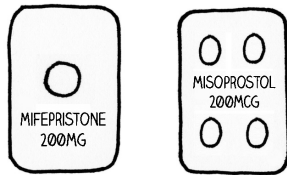




1. THE PILLS

You need two types of pills. The first is mifepristone. The second is misoprostol.



2. TIMELINE FOR TAKING PILLS

Time since last period:	8 weeks or less	9–11 weeks
Day 1	Take Mifepristone	Take Mifepristone
Day 2 (24-48 hours after taking mifepristone)	Take pain medication Wait one hour Then take 4 tabs of misoprostol	Take pain medication Wait one hour Then take 4 tabs of misoprostol Wait 4 hours, then take 4 more tabs of misoprostol

3. FIRST DAY: TAKE MIFEPRISTONE

Swallow one 200-mg pill.



4. SECOND DAY: TAKE PAIN MEDICATION

Up to four 200-mg ibuprofen pills, up to two 220-mg naproxen pills, or up to two 500-mg acetaminophen pills. You can take any of these pain pills before misoprostol. You can take more pain pills later if needed — follow the directions on the package.



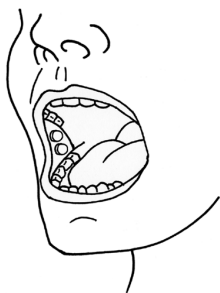
5. SECOND DAY: USE MISOPROSTOL

Choose: Put pills inside your cheeks, under your tongue, or in your vagina. Do this any time 24-48 hours after taking mifepristone. If your period was less than nine weeks ago, only take four 200 microgram misoprostol pills. If your period was 9-11 weeks ago, you should take a second dose of four misoprostol pills four hours later.

Mouth: Put two pills inside each cheek or put four pills under your tongue. Hold them there for 30 minutes while your body absorbs the medicine. Then swallow the pills with a drink.

Vagina: Put pills in your vagina. Lie down for 30 minutes as your body absorbs the medicine. If the pills fall out after 30 minutes, throw them away.

Your body absorbs the medicine from the pills within 30 minutes.



two pills inside each cheek



four pills under tongue



four pills in vagina



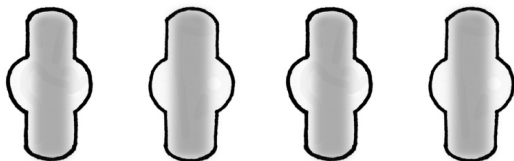
6. EXPECT BLEEDING

Cramps and heavy bleeding should start within 24 hours after misoprostol. You may see blood clots. You may have loose stools, fever, or chills. If you have no cramps and bleeding, you can use 4 more misoprostol pills. You should contact your clinician if you don't bleed after using misoprostol.



7. HOW MUCH BLEEDING IS TOO MUCH?

If you soak through two maxi-pads per hour, two hours in a row, you should contact a clinician.



8. HOW SOON CAN I GET PREGNANT AGAIN?

You can get pregnant soon after the pregnancy loss ends. If you want to try again, take a prenatal vitamin pill daily. If you are not ready to be pregnant at this time you can start the implant, pill, patch, ring, or shot within 7 days of taking mifepristone; they take effect right away.

Mifepristone might be slightly less effective if you get the shot on the same day as taking the pill. If you start them later, use a back-up method—like condoms—for the first seven days. You can get an IUD as soon as a few days after misoprostol.

